

6 STAGES	Characteristics	Communication		12 Techniques							Balance RB Input vs. LB Output	Gentle Learning Guidelines (maximum minutes/day)	Environment	Basic Materials			
		From Mother	From Child	Right Brain Builders				Bridge Builders		Left Brain Builders					Wink		
				LOVE	IMAGE	FLASH	LISTEN	LOVE	TRACK	MOVE						THINK	DO
 Prenatal (in utero)	• developing in the womb • intimately linked to mother's thoughts and feelings • able to hear sounds from outside the womb at 5 months • brain development is rapid	• loving thoughts • feelings • voice • song • tummy rubs	• thoughts and feelings • kicks • movement • startle	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	100% RB Input	Lesson Time: 20 m. or 2x10m. Education Videos: (not applicable) Background Audio Learning: 90 m. per day	• a comfortable, loving space for mother-to-be	• audio books • music • foreign language tapes/CDS • tuning forks • anatomy coloring books		
 Newborn (+/- 0-9 mo.)	• dependent upon mother • highly sensitive to emotional and physical environment • developing outer senses • brain developing quickly—absorbing all information • preparing for mobility	ADD: • prompt response • nursing • eye contact • holding • massage • rocking	ADD: • touch • coos • cries • smiles • laughing • eye contact	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	5 TALK	6 TRACK	7 MOVE	8 WINK	100% RB Input	Lesson Time: 20 m. or 2x10m. Education Videos: - before 6 mos.: 0- - after 6 mos.: 20 m. Background Audio Learning: 90 m. per day	• flashcard lesson corner • B/W cards over diaper area, by crib, by baby • towel or baby mat • clean air, clean floor • soft, clean, pure materials • crawling opportunities • baby-proof, safety first • loving people!	ADD: • flashcards (b/w) • black & white cards • infant massage oil • infant books • flashlight • tracking toy • developmental toys • bouncy chair		
 Infant (+/- 10-18 mo.)	• developing fine and gross motor skills—actively mobile! • imitating sounds and actions • beginning independence —curious about environment and eager to explore • building communication skills	ADD: • sign language • narration • teaching words for feelings • praise	ADD: • words • names • pointing • yes/no • sign language	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	5 TALK	6 TRACK	7 MOVE	8 WINK	90% RB Input	Lesson Time: 30 m. or 2x15m. Education Videos: 45 m. per day Background Audio Learning: 180 m. per day	• posters • play areas • large toys • play mats • low shelves • outdoor walks, climbing and jumping opportunities	ADD: • flashcards (color) • infant puzzles • snacks for fine motor (Cheerios, etc.) • sensorial toys-for five senses		
 Infant-Toddler (+/- 19-27 mo.)	• moving and communicating • craving exploration and independence • responds to instructions • matching • able to hold a pencil • has limited ability to focus (up to 15 minutes) • enjoys pretend play	ADD: • asks questions • supports creative and logical response	ADD: • speaks • asks questions • draws	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	5 TALK	6 TRACK	7 MOVE	8 THINK	9 DRAW	10 DO	80% RB Input	Lesson Time: 30 m. or 2x15m. Education Videos: 60 m. per day Background Audio Learning: 180 m. per day	• steps for sinks-independence • supervised sand/water play • craft/learning table • reading corner • small table/chairs • chalk board • toy shelves/drawers-labeled • outside play/pretend play	ADD: • Montessori pouring, folding, stacking, nesting lessons/toys • coloring books • toddler pencils • matching lessons • puppets • ABC magnets
 Toddler (+/- 28-36 mo.)	• speaks and understands well • beginning counting • beginning to read letters • using basic phonic sounds • draws shapes, pictures • focus time up to 20 minutes • sequencing/classifying	(same)	ADD: • writes	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	5 TALK	6 TRACK	7 MOVE	8 THINK	9 DRAW	10 DO	70% RB Input	Lesson Time: 40 m. or 2x20m. Education Videos: 120 m. per day Background Audio Learning: 180 m. per day	• create parent-child co-working areas to teach practical life skills: - cleaning/washing - cooking - baking - carpentry	ADD: • video/computer learning aids • dress-up, social and building toys • puzzles • phonetic readers • early math/writing activity books • art supplies
 Preschool (+/- 3-6 years)	• reads letters (and words) • understands basic math concepts (add/subtract) • organizes material mentally (match/sequence/classify) • expresses imagination • expresses independent ideas • focus time up to 30 minutes	(same)	(same)	1 LOVE	2 IMAGE	3 FLASH	4 LISTEN	5 TALK	6 TRACK	7 MOVE	8 THINK	9 DRAW	10 DO	60% RB Input	Lesson Time: 60 m. or 2x30m. Education Videos: 120 m. per day Background Audio Learning: 180 m. per day	• rainbow peripheral vision wall buttons • lesson shelves for 7 areas of the WINK program	ADD: • WINK materials (at least one for each area)